

FROZEN MEAL PROGRAM



Name: _____ Date: _____





To receive your frozen meals, please complete the order form and return it to our dedicated volunteers, Kevin and Margaret, or email it to mow@multiservicecentre.com.

Frozen meals should be ordered on a week-to-week basis. You can call us every week to place your order, or let us know if you prefer an ongoing standing order for a specific time.

If calling every week is challenging for you, please contact our Special Services Coordinator at 519-842-9000 ext. 359 to discuss alternative arrangements. There might be occasions when we don't have your requested item, so please inform us if you are willing to accept substitutes.

Beres Catering

Providing catering and butcher shop services to Tillsonburg for years, Beres also offers mouth-watering, convenient client meals!

Meal Choice	Qty.	Meal Choice.	Qty.
Beef Steakette & Fried Onions		Chinese Dinner	
Beef Stroganoff		Cranberry Chicken with Rice	
Braised Pork Loin		Meatloaf	
Chicken Parma		Pork Schnitzel	
Cheese Tortellini in Rose Sauce		Smoked Beef Brisket	
Chicken Cordon Bleu		Vegetarian Lasagna	
 Baked Haddock		 Salmon Dinner	
 Fish Cake		 Breakfast Option (Ask us!)	

Hometown Market

Located in Mount Elgin, Elsie has many years of experience at the Country Market. She puts her heart into her cooking, and you can taste it in the warmth of her meals!

Meal Choice	Qty.	Meal Choice.	Qty.
Arizona Beans with Roast Beef		Honey Garlic Meatballs	
Beef Lasagna		Potato Casserole with Ham	
Black Forest Ham, Pineapple Sauce		Roast Beef with Mushroom Sauce	
Cabbage Casserole		Shepherds Pie	
Chicken Breast with Savory Sauce		Sweet & Sour Meatballs	
Chili		Tuna Casserole	
Beef Stew		Turkey Dinner	

SOUPS - More Options!

We don't keep an inventory, so ask the coordinator for today's choices.

Indulge in a variety of delicious options from Bere's, including classics like Creamy Potato & Bacon, Chicken/Rice, Cabbage Casserole, and Creamy Broccoli. We always offer both broth-based and cream-based soups.

REHEATING YOUR MEAL - Instructions

It is best to re-heat from thawed: thawing in the fridge overnight is recommended.

MICROWAVE: Containers are microwavable, but the **LID IS NOT MICROWAVE SAFE.** place entrée in microwave, covered, and microwave on high for 2 minutes. Check/stir and add additional as needed, be aware of over cooking.

OVEN: Pre-heat oven to 350°F and place on cooking sheet on the middle rack with tin foil for 30 minutes. Check/stir and add additional time if needed. Be aware of over cooking.

Our providers work hard to ensure the quality of every meal, and at MSC, we work just as hard to bring these meals to your door, free of charge.

- Entrée: \$7.50
- Soup: \$2.50
- Combo (Entree & Soup): \$7.75

After receiving your order, MSC will send out an invoice. Don't forget to place your order by Wednesday for a guaranteed delivery the following Wednesday. Order by: completing the order form for our volunteers, calling 519-842-9000 ext. 359 or emailing mow@multiservicecentre.com

We appreciate your orders and hope you enjoy the convenience of quality meals at home.